



## SWIM PROGRAM SCHEDULE SEPTEMBER 13<sup>TH</sup> – NOVEMBER 6<sup>TH</sup>

### ADULT SWIM CLUB (MASTERS 18+)

This is a structured workout for adults of all levels from fitness swimmers to competitive triathletes.

**Members \$100                      Non Member                      \$180**

**Tuesday                                      9:30 am – 10:45 am**  
**Thursday                                      9:30 am – 10:45am**

### BOSSE BETA SWIM TEAM

Our swim team is registered as a U.S.S team and will swim in meets. Swim instruction focuses on strokes and technique. Swimmers may compete or choose just stroke analysis. Bosse Beta's is taught by USS swim coach and Bosse Sports Aquatic Director Andrew Hawkins.

**Practice                      Mon-Wed-Fri                                      4:00 – 5:00pm**

**ONCE A WEEK - \$165**  
**TWO OR MORE TIMES - \$200**

**Children must be evaluated by the coach to ensure the class is suitable for the child.**

### PRIVATE SWIM LESSONS

There is no better way than to fast track your swimming than with a private or semi private swim lessons. We can arrange lessons to fit your busy schedule. What ever level you are, from absolute beginner to elite level swimming we can help you.

**\$40 - 30 minutes with WSI instructor**  
**\$45 - 30 minutes with USS swim coach Andrew Hawkins**

### MINI MASTERS

A great swim program offered at Bosse Sports for children who are competitive swimmers. Taught by Masters Swim Coach, Andrew Hawkins.

**Meets Tuesday and Thursday**  
**5:00 pm -6:00 pm**

**\$200 – Members                      \$230 – Non Members**

**Children must be evaluated by the coach to ensure the class is suitable for the child.**



**Bosse**  
SPORTS  
**Group Swim Lessons**

**SEPTEMBER 13<sup>TH</sup> – NOVEMBER 6<sup>TH</sup> 2010**  
**8 WEEKS \$170**

The Aquatic department at Bosse Sports main focus is to give children a comprehensive swim lesson; to this end Bosse swim lessons have fewer participants in the class, than stipulated by the American Red Cross. This ensures the child has as much instruction as possible

**STUDENT – TEACHER RATIO**

	<b>BOSSE SPORTS</b>	<b>RED CROSS SUGGESTED</b>
<b>Level 1</b>	<b>4</b>	<b>6</b>
<b>Level 2</b>	<b>5</b>	<b>6 - 8</b>
<b>Level 3 &amp; 4</b>	<b>6</b>	<b>8 - 10</b>

**TUESDAY**

3:00 – 3:30	Level 2
3:30 - 4:00	Level 3
4:00 - 4:30	Level 1
4:30 - 5:00	Level 2

**THURSDAY**

3:00 - 3:30	Level 1
3:30 - 4:00	Level 2
4:00 - 4:30	Level 3
4:30 - 5:00	Level 2

**SATURDAY**

9:00 – 9:30	Level 3
9:30 - 10:00	Level 1
10:00 - 10:30	Level 2
10:30 - 11:00	Level 3

**SWIM CLASS MAKE UP'S**

Missed classes can be made up in other classes (if space is available). We will only extend the swim session if Bosse Sports has cancelled a class. Classes cannot be pro-rated due to vacation. Make up classes cannot be carried forward to next session.

**SWIM TEAM AND GROUP LESSONS WILL OCCUR ON  
COLUMBUS DAY MONDAY, OCTOBER 11<sup>TH</sup>**