



## ADULT TENNIS PROGRAMS WINTER 2012

### MEN'S PROGRAMS

- **Monday** – Cardio Tennis 10:30 am – 11:30 am  
**\$15**
  - **Tuesday**- Men's B Workout 7:00 pm - 8:30 pm  
**\$35**
  - **Thursday** – Men's A 7:00 pm -8:30 pm  
**\$35**
  - **Saturday** - Men's Round Robin 8:00 am - 9:30 am  
**\$35**
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### WOMEN'S PROGRAMS

- Monday** – Cardio Tennis 10:30 am – 11:30 am  
**\$15**
- Monday** – Serve & Return Clinic 11:30 am – Noon  
**\$12**
- **Monday-DBH II & IV** Team Practice 9:00 am -10:30 am  
**\$35**
- **Tuesday -DBH III & IV** Team Practice 9:00 am-10:30 am  
**\$35**
- **Tuesday**– Beginner/ADV Beginner Clinic 11:30 am – 12:30 pm  
**\$25**
- **Wednesday-DBH II** Matches 9:00 am-1:00 pm
- **Wednesday** –Intermediate Stroke Clinic 9:30 am -10:30 am  
**\$25**
- **Wednesday** - 3.0 + Doubles Clinic 10:30 am –Noon  
**\$35**
- **Thursday** – **DBH III & IV** Matches 9:00 am – 1pm
- **Thursday** – Cardio Tennis 9:30 am – 10:30 am  
**\$15**
- **Friday** - Intermediate Doubles Match Play 9:00 am -1030 am  
**\$35**
- **Friday** – Advanced Clinic 10:30 am – Noon  
**\$35**

IF YOU WOULD LIKE TO BE ADDED TO THE MEN'S OR WOMEN'S PLAYERS LIST PLEASE PROVIDE GREG RUSSELL WITH YOUR NAME, ALL CONTACT NUMBERS AND YOUR EMAIL