



ADULT TENNIS PROGRAMS FALL 2010

MEN'S PROGRAMS

- **Monday** – Cardio Tennis 10:30 am – 11:30 am
\$15
 - **Tuesday**- Men's B Workout 7:00 pm - 8:30 pm
\$35
 - **Thursday** – Men's A 7:00 pm -8:30 pm
\$35
 - **Saturday** - Men's Round Robin 8:00 am - 9:30 am
\$35
-

WOMEN'S PROGRAMS

- **Monday** – Cardio Tennis 10:30 am – 11:30 am
\$15
- **Monday** – Serve & Return Clinic 11:30 am – Noon
\$12
- **Monday-DBH 1 & IV** Team Practice 9:00 am -10:30 am
- **Tuesday -DBH III & IV** Team Practice 9:00 am-10:30 am
- **Tuesday**– ADV Beginner Clinic 11:30 am – 12:30 pm
\$25
- **Wednesday-DBH 1** Matches 9:00 am-1:00 pm
- **Wednesday** –Intermediate Stroke Clinic 9:30 am -11:00 am
\$35
- **Wednesday** - Advanced Beginner Clinic 11:00 am –Noon
\$25
- **Wednesday** –Women's Night 7:00 pm- 8:30 pm
\$35
- **Thursday** – **DBH III & IV** Matches 9 am – 1pm
- **Thursday** – Beginner Clinic 9:30 am – 10:30 am
\$25
- **Friday** - Intermediate Doubles Match Play 9 -1030 am
\$35
- **Friday** – Advanced Clinic 10:30 am – Noon
\$35

IF YOU WOULD LIKE TO BE ADDED TO THE MEN'S OR WOMEN'S PLAYERS LIST PLEASE PROVIDE GREG
RUSSELL WITH YOUR NAME, ALL CONTACT NUMBERS AND YOUR EMAIL