



# FAST TRACK TENNIS

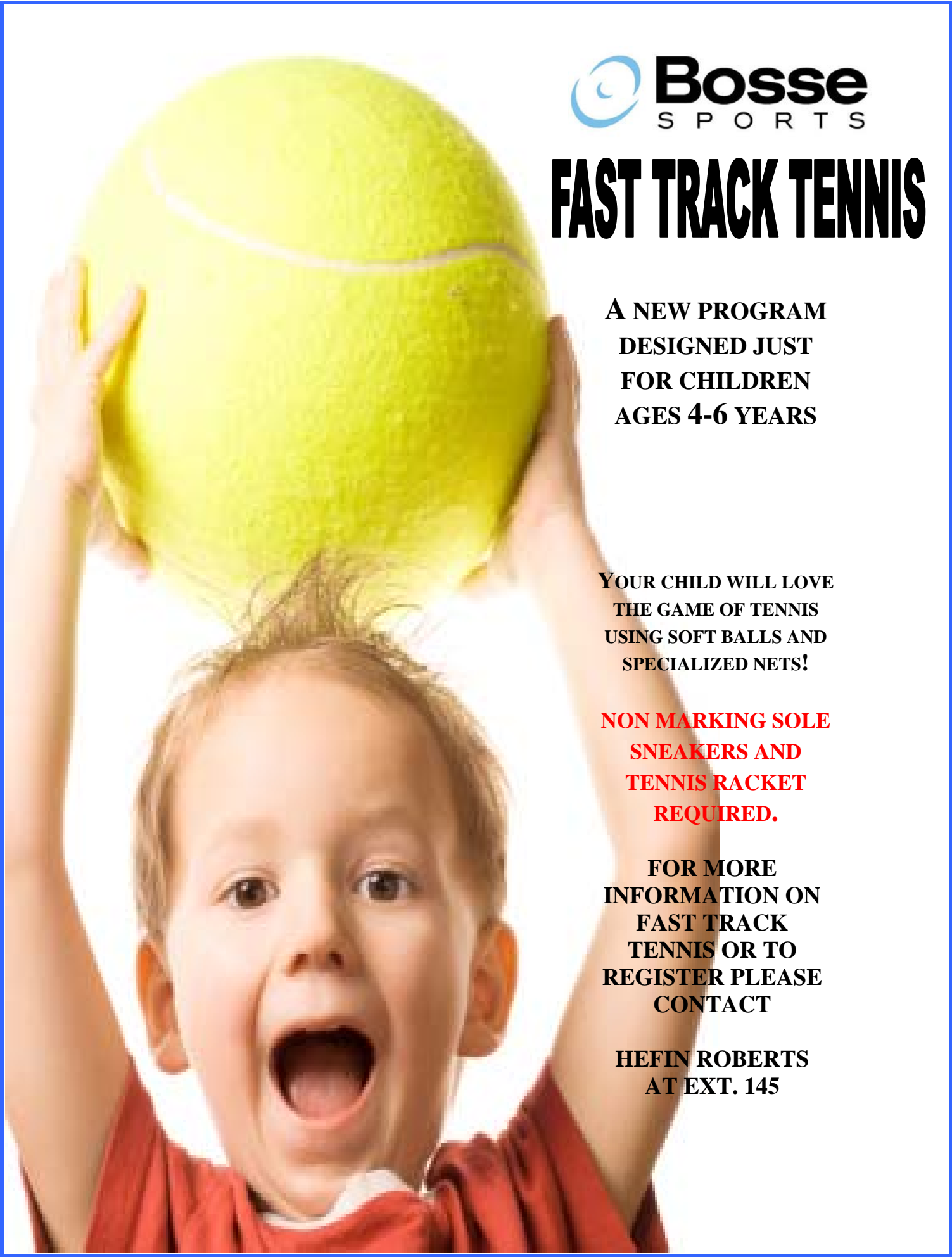
**A NEW PROGRAM  
DESIGNED JUST  
FOR CHILDREN  
AGES 4-6 YEARS**

**YOUR CHILD WILL LOVE  
THE GAME OF TENNIS  
USING SOFT BALLS AND  
SPECIALIZED NETS!**

**NON MARKING SOLE  
SNEAKERS AND  
TENNIS RACKET  
REQUIRED.**

**FOR MORE  
INFORMATION ON  
FAST TRACK  
TENNIS OR TO  
REGISTER PLEASE  
CONTACT**

**HEFIN ROBERTS  
AT EXT. 145**



**FAST TRACK TENNIS**  
**AGES 4-6**  
**WINTER 2011/2012 REGISTRATION**

The winter session will run 11/28 thru 3/17 there will be no clinics 12/24 thru 1/2 and 2/20 thru 2/25. Clinic fees are based on \$31 per hr. **Once you have signed your child up for a clinic, they are committed to the end of the session. Refunds will be granted only in cases of injury.**

**Fast Track**

The goal of this program is to help children aged 4-6 years old coming into tennis for the first time to learn basic skills and principles of the game as quickly as possible, based around a fun environment.

We use smaller courts, lower nets and balls that are lighter and have less bounce. This allows students to improve their contact point, follow thru and overall success.

In these sessions students will work on the following

**FUNDamentals**

1. Intro to forehand and backhand
2. Volleys
3. Ball Toss
4. Serve

**Athletic Development**

1. Agility, Balance, Coordination, Speed
2. Run, Jump, Throw, Catch
3. Kick, Glide, Buoyancy, Strike
4. Movement skills

**CLINIC DAYS: *Please Circle One or More***

MONDAY	3:30-4:30	13 weeks \$403
TUESDAY	3:30-4:30	14 weeks \$434
WEDNESDAY	3:30-4:30	14 weeks \$434
THURSDAY	3:30-4:30	14 weeks \$434

----- Preferred Payment Method Please Check One -----

Check                       House Charge                       Credit Card

Name: \_\_\_\_\_

Boy/Girl \_\_\_\_\_ Date of Birth \_\_\_\_\_ Age \_\_\_\_\_

Address: \_\_\_\_\_

Town: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Parent Email \_\_\_\_\_

Emergency Contact Number & Relationship: \_\_\_\_\_

I recognize the risk of injury in any exercise program and my child is participating upon the express agreement and understanding that I am hereby waiving and releasing Bosse Sports from any and all claims, costs, liabilities and injuries incurred while on these premises.

**Signature of Parent or Guardian** \_\_\_\_\_ **Date** \_\_\_\_\_